

Co-funded by the  
Erasmus+ Programme  
of the European Union



***“Reducing barriers to learning and promoting  
inclusion and motivation through peer support”***

**Visit to Sandagymnasiet**

**September 23<sup>rd</sup> – September 29<sup>th</sup> 2019**



# Table of contents

Welcome to Sanda Educational Centre	3
Introduction	5
Programme	6
List of participants	8
Groups, teams and workshops	8
List of addresses and important telephone numbers	9
Maps of de region and city of Jönköping	10

# Welcome to Sanda Educational Centre

I would like to wish you a warm welcome to Sweden. It's a pleasure to have you here in Huskvarna. It is our hope that you will enjoy your stay here with your Swedish partners and friends as well as getting to know the other participants and make new European friends.

The programme planned for this week in Sweden will teach you about integration through different organisations, but it will also involve you in different integrative processes. You will share your findings with each other but also bring new experiences and wisdom home to your school and community which may improve how you deal with things in the future.

To engage in European questions and learn from each other are vital parts for a strong and bright future. To get to know other ways of living, viewing life and work in a new light are also things that we believe will enrich you as individuals, therefore I would like to congratulate you on having made the decision to take part in this Erasmus project.

Sweden, although being small in number of inhabitants in a European context, has proven to be an important player in the field of economy and development of inventions and companies. The last couple of years we have also received the largest per centage of immigrants in relation to inhabitants. This is why we as a country, in our communities, work intensively with questions connected with integration. There are many initiatives that have been undertaken which you will see but we also look forward to hearing your thoughts and ideas of improvement on this matter.

The mission statement for our school is: GET UP – meaning we would love our pupils to feel joy in their work, engage themselves in their work and their future, in a safe environment where we challenge each other and treat each other professionally. This is the atmosphere we would like you to feel during your week at our school!

A very warm welcome and let's have an inspirational week together!

Ulf Andersson

Head of School Sanda Educational Centre



Huskvarna 2019-09-01

Dear guest students and teachers,

As coordinators of the Erasmus+ programme at Sandagymnasiet we would like to welcome you to Sweden and the region of Jonkoping and Huskvarna.

It is great that young people take the chance to participate in international projects and that teachers engage to make this happen. This visit will allow you to learn more about the subject of integration and give you the opportunity to contribute to the improvement of how you work with integration in your school and municipality. In addition, you will be able to experience Swedish culture and habits through your stay. We are sure you will have a great experience that you will take with you to your home country. We wish you a lot of success; enjoy your stay!



Dear parents,

On behalf of the school we would like to thank you for the willingness to host an Erasmus+ exchange student. Without your cooperation and support these projects would not be possible. We hope you will enjoy having a guest from abroad.

*Lena Hjelmstam, Carina Fjäll-Herrmann, Linus Henriksson, Joakim Rajala, Ivana Vujic*

*Coordinators Erasmus+ 2017-2019 Sandagymnasiet*

# Introduction

Hi everyone,

We would like to welcome you to Sweden and Sanda. We are happy to be in this project and to get to know you.

Most of us have already been a part of the Erasmus project and it has been an interesting learning experience. We learned a lot about each other's countries and it has opened our eyes to all the others' different school systems and habits. Together we have learnt and laughed a lot!

This week the focus will be on integration and one important integration moment in the Swedish culture is the traditional Swedish fika, which you will experience several times and hopefully enjoy as much as we do!

During this week we will take you to our beautiful city Jönköping and do some "get-to-know-each-other"-activities. We will enjoy our time together with a mix of fun and learning. Our main topic in this visit is integration in different forms and we have planned visits to different organization and projects. Also, we have planned for some new forms of presentations which might be a challenge for us but we are sure that we can pull it through as a group.

This is sadly the last stop on our Erasmus-journey and we are certain that we are going to have a fantastic week and that we hope we all will create memories and friends for life!

The Swedish group

# Programme

## Monday September 23

Arrival of the guests

Scottish group: arrival Gothenburg at 11h20 (KL1155)

Dutch group: arrival Gothenburg at 13h40 (KL1157)

German group: arrival Gothenburg at 13h40 (KL1157)

14h Bus from airport to Sanda

16h-18h Welcome "fika" at Sanda –Presentation, programme, bus card, getting to know each other

Spend the rest of the evening with host family, Scots bring food to hostel

## Tuesday September 24

8h30 Visit to Jönköping and City Hall (Carina, Lena, Joakim, Ivana)

10h-11h30 Activities in city centre to get to know each other and Jönköping

One group - Visit to YMCA at 10h with Linus

12h Lunch at Sanda

13h15 Presentation of homework in smaller groups (AH-salen och 3233) (Joakim, Lena, Ivana)

Introduction to this week's assignment

One group - Visit to Salvation Army in Huskvarna at 15h30 with Lena

16h30 Back to host families, Scots bring food to hostel

18h10 Idrottshuset - Floorball (Ivana, Carina, Joakim)

## Wednesday September 25

08h30 Preparing field trip and brainstorming ideas (Carina, Linus, Ivana, Joakim, Lena)

Visits to different organisations around Jönköping

One group – visit to Bilda at 9h.30 with Ivana

12h30 Lunch at school

13h15 Workshop

14h00 bus to Råslätt

15h00 Joint visit to Underground Råslätt (Ivana, Linus, Lena)

16h30 Bus to Huskvarna

17h15 Prison Island (Lena, Carina, ev Joakim)

19h30 Eating out or Back to host families – pupils decide themselves.

## Thursday September 26

08h30 Preparation in groups of activities (Ivana, Lena, Joakim)

12h00 Lunch at Sanda

13h15 Presentation by Tommy Josefsson, integration strategic at Jonkoping Municipality. Presentation of 2 group activities **School for Intellectually Challenged Pupils, Churches working together**

16h30 Fika and sport activity – Innebandy, Gym, Spinning (Ivana, Joakim, Lena)  
Activity at YMCA at 18h for one group with Linus.

Dinner at host family, Scots bring food to hostel

### **Friday September 27**

08h30	Preparation of activities or creating of toolkit for webpage (Ivana, Linus) One group – visit to Ulfsparrgården with Lena
11h00	Presentation of 3 group activities <b>School Integration, Bilda – Cultural Exchange, YMCA</b>
12h00	Lunch at school
13h00	Departure for Visingsö (Ivana, Lena) (Bus 101 13.13 from Esplanaden) Franssons polkagris 14-15 Grenna museum 15-16 Ferry 17.20 movie, barbeque
21h10	Ferry back
21h45	Rental bus from Gränna to Jonköping
22h30	Back in Jönköping

### **Saturday September 28**

Morning free Lena, Ivana, Linus – prepare for dinner

13h30	Gathering at Åsasjön Carina: canoeing, kubb, outdoor gym, volleyball (Ivana, Lena)
17h30	Back to host families
19h30	Goodbye dinner and party at Ödla (Lena, Ivana, Carina, Joakim, Linus)
23h00	End

### **Sunday September 29**

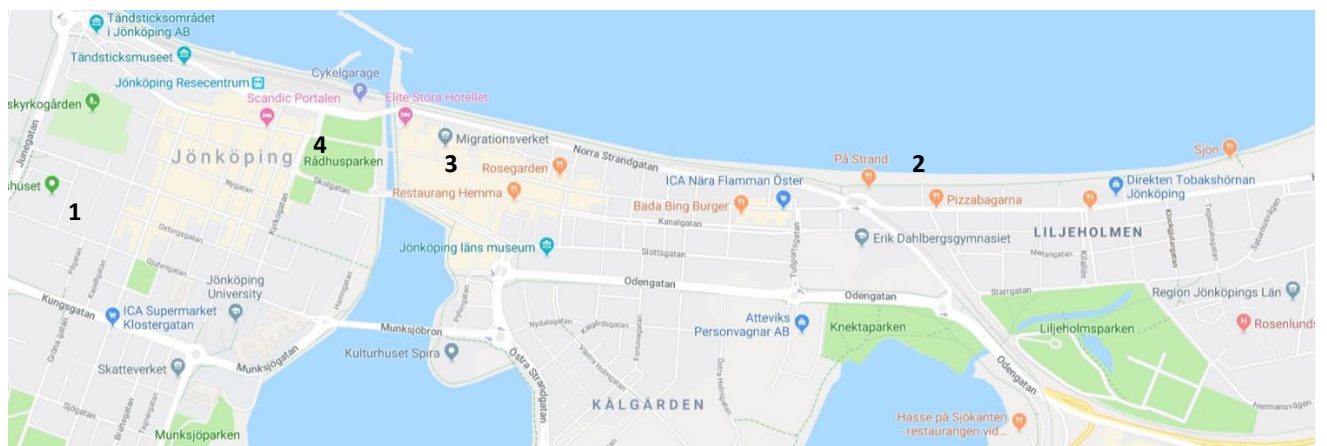
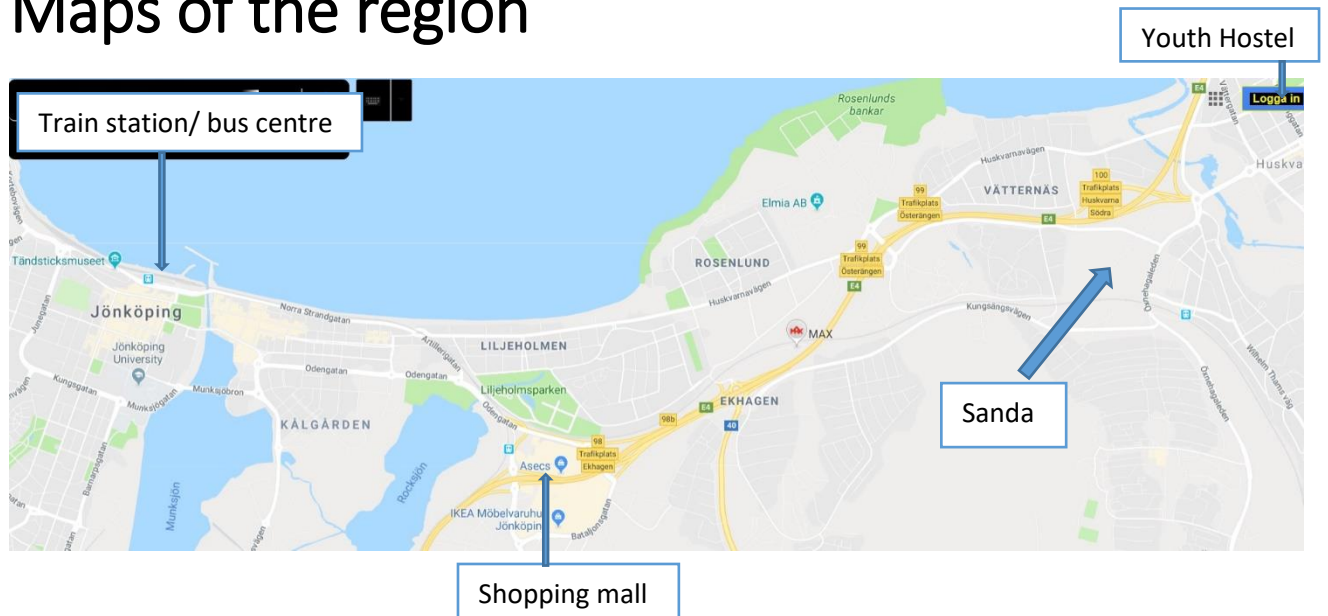
Departure day

Flixbus at 09h00 from Resecentrum, arriving at Landvetter at 10h35

Flixbus at 10h50 from Resecentrum, arriving at Landvetter at 12h25

- Scotland: departure from Landvetter at 14h10
- Holland: departure from Landvetter at 12h05
- Germany: departure from Landvetter at 14h10.

# Maps of the region



1. Market place
2. Beach
3. City Centre, pedestrian area
4. Town Hall